**** ANSI/Snell approved helmets are required for participation in all SPIN rides ****
**** Use of headphones are not allowed on SPIN rides ****

**Release of All Claims:**
In return for being allowed to participate in rides and activities sponsored by SPIN, the undersigned and his/her heirs, executors and assigns, agrees that -Under no circumstances will a claim(s) be made for any and all damages for personal injury , property damage, or death incurred during or arising out of participation in any SPIN ride or activity, nor will claim(s) be made against SPIN, its members, ride leaders, officers, agents and sponsors.

**I have read the "Release of All Claims" above and agree to its terms:**

Signature _____ Date _____

Signature _____ Date _____

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